

**Angela Rosillo Counseling Services
Delray Beach, Florida**

INTAKE INFORMATION

DEMOGRAPHIC INFORMATION

SEX: F_____M_____ **AGE:** _____

MARITAL/PARTNER STATUS: (Include how many years together, previous marriages/partnerships, and briefly describe your current relationship)

CHILDREN: (Include names, ages, sex, and describe your relationship with each child):

HIGHEST LEVEL OF EDUCATION:

OCCUPATION:

ETHNICITY/RACE:

LOCATION: (Where were you raised? Where do you live now?)

RELIGION/SPIRITUALITY: (How were you raised? What do you currently practice? How important is religion/spirituality to you?)

PRESENTING PROBLEM: (Briefly describe why you are seeking help)

MEDICAL HISTORY:

LAST PHYSICAL: (Do you have any ongoing medical problems?)

EXERCISE: (How much and how often?)

SLEEP: (Any sleep problems? For how long?)

MEDICATION: (Name, dose, how long you have been taking)

ALCOHOL USE: (How much? How often?)

NICOTINE USE: (How much? How often?)

STREET DRUG USE: (Which drug? How much? How often?)

SEXUALLY TRANSMITTED DISEASES:

ADDICTIONS: (Consider prescription drugs, street drugs, alcohol, sex, food, gambling, work, spending/hoarding, etc)

PSYCHIATRIC HISTORY: (Have you ever sought counseling before? What was the outcome?)

FAMILY HISTORY:

FATHER: Age _____ Education _____

Occupation _____

Addictions _____

Relationship with you during childhood: (Include how he disciplined you, how he showed affection, how much time you spent together)

MOTHER: Age _____ Education: _____

Occupation _____

Addictions _____

Relationship with you during childhood: (Include how she disciplined you, how she showed affection, how much time you spent together)

PARENTS' RELATIONSHIP: (How did they show affection to each other? How did they resolve conflict? Divorce? Remarriage?)

SIBLINGS: (Include education, occupation, addictions, marital status, your childhood relationships with each other. What is your place in the family - oldest, youngest, middle child)

SOCIAL HISTORY: (Briefly describe what it was like for you at each stage. What kind of student were you? Did you have friends? How was your home life?)

Childhood:

Adolescence:

Adulthood: (Here include jobs, important relationships, military, education, family problems, religious problems, legal problems, habits, etc)